



Order and pay by Friday, Jan. 12~ Distribution on Thursday, Jan. 25 ~ 3:00-4:00

Monthly menu available on watertownurbanmission.com

Food \$en\$e is a program of the Food Bank of Central NY

Projected Food Sense List – 1 Unit \$20.50 * new price

- Chicken Thighs, 3.5 lbs. (avg.)
- Italian Meatballs, 1 lb.
- Haddock Fillets, 1 lb.
- Italian Sausage, 1 lb.
- Ground Turkey, 1 lb.
- Spaghetti Sauce, 26 oz.
- Cheese Ravioli, 13 oz.
- Pizza (Supreme), 20.6 oz.
- Strawberry & Blueberry Blend, 1 lb.
- Mixed Vegetables, 12 oz.
- Fresh Produce Item 1
- Fresh Produce Item 2

This Month's Specials are:

- 1-Chicken Breast Fritters: 5 lbs. for \$11.00 - Breaded, can be used like a boneless wing.
- 2-Stuffed Pork Chops 2 lbs. for \$7.00 - Pork chops are stuffed with apples and cranberries.
- 3-Sea Scallops: 2 lbs. for \$11.00 - Individually frozen, 30-40 per lb.
- 4-Protein Box: \$12.00 - Includes pork tenderloin (1.6 lbs. avg.), chicken drumsticks (3.5 lbs. avg.), ground beef (80/20; 1 lb.), breaded fish sticks (1 lb.), and fresh eggs (1 dozen).
- 5-Mozzarella Sticks: 2 lbs. for \$6.00 - The mozzarella sticks are par-cooked and ready for the oven.
- 6-Meatloaf: 2 lbs. for \$6.75 - Traditional style, 100% ground beef.
- 7-Breakfast Sausage: 3 lbs. for \$7.00 - Sausage is made locally in Utica.

Forms of Payment:

*There are no income requirements to purchase Food Sense. This program is open to anyone looking for a great way to save money on food.

SNAP (EBT): Funds are processed the 3rd Monday of each month (Unless otherwise noted). Please make a note to keep the purchase amount available until then, or your order will not process.

Cash: *If possible, please bring exact change. Thank you.*

Check: Make check out to: Watertown Urban Mission

*To purchase Food Sense: You must come to the Watertown Urban Mission and place your order in person. Inform the receptionist upon arrival.

*Food must be picked up on distribution date: Food not picked up on distribution day will be donated to the Watertown Urban Mission. There are no refunds or credits on food not picked up.

Jefferson County Order Sites

Watertown Urban Mission

Pantry Director: Donna White

Pantry Assistant: Eddie Clark

@ 782-8440

247 Factory Street, Watertown

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Adams, Henderson,

Belleville Area

Barbara Nohle @ 232-4521

Rohde Center @ 232-2621

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Clayton, Alexandria Bay Area

River Community Church

@ 686-3194



Food Bank

of Central New York

